

## Lesson II

### SCIENCE OF HEALING

- 1 Science of Healing pertains to the mental  
and spiritual planes of progression. Healing  
on the plane of the physical and the psychical  
4 is without science. This is to say that no real  
scientific deductions, in regard to healing, can  
be formulated on the physical or psychical  
planes. Until the forces of consciousness have  
8 been scientifically coördinated, there is no  
science of Man or healing. A kind of a man,  
called mankind, needing attention so as to  
promote harmony, may or may not obtain  
12 healing through the method employed. Man-  
kind not being properly coördinated, the  
system of healing employed, however pro-  
gressed, cannot produce infallible results.
- 16 There is a science of healing, but it is com-  
mon only to the mentally and spiritually  
progressing. The science of healing operates  
not so much to effect physical harmony as to  
20 promote proper coördination of conscious-  
ness. Consciousness, going through the  
process of being coördinated to Divine Laws,  
needs to be approved in the Law of the Lord.  
24 This approval is accompanied with healing.  
The healing is for the purpose of making

Man conscious of the power and presence of God; though this is the relative purpose. The absolute purpose of scientific healing is to penetrate the physical domains with the Qualities of Being, that the Word may become flesh. The Word or Qualities of Being becomes flesh when the ego is spiritually born.

The Science of Healing includes the science of health. Health is genuinely identified when wholeness is established. Wholeness is one with holiness. Man is whole or well only when he is in holiness. Holiness or Wholeness is the unity of the male and female qualities of being. It is the separation of these two poles of being that makes for disease. Contrariwise, the unity of these two poles of consciousness makes for wholeness.

Wholeness is something more than physical comfort. It is the name applied to a coördination of forces that makes for spirituality. Not all who are free from pain are in a state of health, nor are they developing spiritually. Some people are so gross in their nature that pain, by which regeneration and redemption are effected, is not yet possible. These may be said to be in a state of health. Health is a name applied to the harmony of animal man-

1 kind. This kind of harmony is far from being  
the identity of the Qualities of Being that con-  
stitutes the Kingdom of Heaven. This King-  
4 dom identified is a whole (well: one) man.

The Science of Healing is discovered in  
understanding the two poles of conscious-  
ness. The feminine or negative is subjectively  
8 the qualities yet to be known or expressed.  
Objectively, it is made up of the forces of  
feeling. The masculine pole of conscious-  
ness is made up of the positive forces. Sub-  
12 jectively, these are the powers of the spirit  
of man, while objectively, they are the powers  
of mind positively and actively expressed.  
The positive forces relate to the "Yes" of  
16 consciousness, and the negative forces to the  
"No."

The "Yes" and "No" of consciousness are  
identified as Affirmations and Denials on the  
20 plane of healing. These have their particular  
development on the plane of the mental,  
hence associate with metaphysical healing.  
The mental or metaphysical plane of pro-  
24 gression is one of discipline and development.  
On this plane, qualities of consciousness  
are unearthed and made ready to express  
in righteous order. The mental is the means  
28 by which facilities of consciousness are devel-

oped and made ready to function the Laws of Being. 1

Through the use of affirmations, consciousness is established in the realization of the presence and power of the harmonious and heavenly qualities. Through the denials repulsion to the evil and discordant forces is quickened. These are promoted in opposition to each other. Affirmations are positive (male) and denials are negative (female) in character. The pitting of these unlike forces against each other results in quickening a current of neutral consciousness that is the One of the two. Through this One quality being projected toward the consciousness, physical healing is effected. This is the scientific law of healing that materia medica attempts to promote. Homeopathy and allopathy deal with likes and unlikes, respectively. 4  
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Affirmations deal with likes, Denials with unlikes. This is to say that through affirmations, egos progress the desirable, and through denials they repudiate the undesirable. Some students secure quicker effects through the use of affirmations while some prefer the denials to be dominant. In spiritual healing, that transcends the metaphysical or mental, one 24  
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1 does not deal with either of these two poles.  
Having already positioned consciousness for  
and against the Truth through discipline,  
4 one knows the Truth, the One, without the  
necessity of mental harangue.

Metaphysics promotes scientific healing.  
It serves toward developing consciousness  
8 through subjecting the evils to the good. It  
also makes the ego conscious of a Power that  
transcends the dual powers of the world.  
This Power is the power of God. It is pro-  
12 jected in the direction of the mental and the  
physical because consciousness, in turning  
from the material, invites from within the  
supply of its needs. Metaphysical healing is  
16 not the real healing, but the mental reflection  
of it. The real healing is redemptive in its  
effect and makes for spiritual birth. How-  
ever, egos on the metaphysical plane are  
20 uplifted and progressed through the healing  
method, common to this plane. It serves  
toward rejuvenating the natural man; and  
makes for consciousness of the Powers of  
24 God that transcend the plane of the natural.

The Science of Healing exists in the Laws  
of Progression. As these Laws unfold, healing  
is promoted. When egos reach the acme of  
28 material progression they automatically turn

away from the outer planes to the inner. 1  
From the inner plane they invite higher knowl-  
edge, which in turn gives rise to higher  
healing methods. The Science of Healing is 4  
not really known until at the culmination of  
the metaphysical. Then it is seen to exist for  
the purpose of perfecting consciousness and  
not to effect physical health and temporary 8  
happiness. However, these are incidental to  
progression and must be experienced so that  
consciousness may have an incentive to seek  
after the Qualities of Heaven or Harmony. 12

The Science of Healing is in knowing the  
Truth. The Truth is not known on the meta-  
physical plane. However, capacity to know  
the Truth is developed on the metaphysical. 16  
This is accomplished in the development of  
forces of spirit, soul, mind, and body. As one  
is able to know the Truth, through the result  
the discipline of affirmations and denials 20  
affords, to need any good is to invite it into  
action. The Law of the Lord supplies the  
needed good of those who seek first the king-  
dom of God, and His righteousness; that is, 24  
the kingdom of Principles of Being.

To seek for health is to imply that it is not.  
This is to deny the Law of Healing. The Law  
of Healing is based upon the realization that 28

1 all needed is now present. It is present in  
the presence of God, the All of all. But the  
adverse forces before believed in must be  
4 combated, hence the necessity of denying  
their existence. This necessity occasions the  
use of denials in effecting healing. The affirma-  
tions of Truth make one conscious of the  
8 qualities of Being. The affirmations are  
necessary to effect realization of the Truth.

When Truth is sufficiently realized that one  
can keep his mind stayed in it, the science of  
12 Healing is automatic. While one passes into  
a plane of progression where he must suffer  
with Christ, in order to be spiritually born,  
yet, the Principles of healing are ever pres-  
16 ent. These Principles, established as working  
factors of consciousness, operate when the  
need is apparent, through their own law of  
expression. In this, the Father works to  
20 accomplish His Will and purpose. Prior to  
this capacity of the Father's expression, the  
ego works to know the Truth. Truth, known,  
makes for the ceaseless prayer or state of  
24 being in which one is always conscious of the  
spiritual significance of all things.

The ego is subject to phases of discord,  
mental, physical, and emotional, until his  
28 redemption from mortality. Temporary heal-

ing gives way to regeneration when Truth is 1  
operative in the consciousness. Regeneration  
makes for the orderly alignment of the forces  
of spirit, soul, mind, and body to the Prin- 4  
ciples of Being. When this alignment is per-  
fected, egos will not be subject to sickness, sin,  
or any other form of discord.

There is no scientific healing on the plane 8  
of materia medica. Certain chemicals, aggre-  
gated as drugs, have a harmonizing effect,  
and doctors become proficient in adminis-  
tering them. But no doctor can say with 12  
certainty that certain drugs will reach certain  
conditions. Differences in the states of con-  
sciousness of the patients make the healing  
uncertain. What is food for one patient may 16  
be poison to another. Even on the mental and  
spiritual planes the certainty of healing can  
not be outwardly assured. When conscious-  
ness is right, and forces properly related 20  
under the Laws of Being, healing is effected.  
The Law of Healing may be complied with,  
but God gives the result when right alignment  
of consciousness to Its Principles is present. 24  
The Science of Healing is not in the healing  
but in the Principles operative to effect it.  
These Principles work to finally produce a  
whole man, one that cannot be sick. 28



1 Healing is but incidental to the mastering  
of the dual forces progressed on the plane of  
mortality. Healing is not eternal, but  
4 incidental to progression. Changes in the con-  
sciousness necessitate different healing meth-  
ods. The healing of yesterday may be of no  
avail today; though, in its time, it was effec-  
8 tive to promote the harmony desired. The  
Science of Healing, like the science of mathe-  
matics, exists. But the application of this  
Science to the particular problem accounts  
12 for the disparaging ideas promoted about  
scientific healing.

The Science of anything can only be known  
in its art. The science of mathematics is  
16 known only by those who apply the principles  
to problems. Even so, the Science of Healing  
can be known only by those through whom  
the healing is expressed. It is impossible to  
20 explain the science of anything to anyone not  
conscious of that science through its activity.  
The Principles of Healing are present, but  
owing to the condition of mortality, are not  
24 perfectly expressing. The Principles relating  
to this Science are touched and witnessed by  
many; but even these have not yet advanced  
to the fulfilment of mortality that will per-  
28 mit these Principles to be always active.

Mortal sense and discordant forces of consciousness obstruct their perfect expression. Because of this, the Science of Healing is often repudiated. 1  
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An intelligent doctor oftentimes touches the law of healing. However, he uses the symbol to promote the effect desired. Many physicians attribute healing to the *faith* of the patient in the doctor or the drugs used. Many patients have responded marvelously to nothing but colored water, given by a physician in whom they put their trust. On all planes, healing is much a matter of faith; though the Science of Healing rests upon understanding also. The Science of Healing rests on the Law of Prayer. Prayer must be scientific to effect healing. One must pray in faith and in understanding also to produce the fruits of faith. 8  
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### MEDITATION

Through Healing I am made conscious of the Presence and Power of God. 20

I am glad to let the Divine Will be done, manifesting harmony of mind and body. 24

Male and Female forces are balanced in my consciousness, and Truth manifests its perfect expression.