

Lesson XVII

MEAT EATING OR NONMEAT EATING

- 1 The eating of meat or not has engaged the
attention of a great body of people the last
century. Some, in defense of meat eating,
4 have brought forward the Scripture recorded
in I Timothy 4:3: "Forbidding to marry, and
commanding to abstain from meats, which
God created to be received with thanksgiving
8 by them that believe and know the truth."
These ideas are advanced as an evidence that
one promoting them is controlled by seducing
spirits and doctrines of demons.
- 12 One should know, if he is opened to the
understanding of the Word, as operative in
Life or as recorded in the Bible, that there
are two poles of expression. These two war
16 against each other in the Law of progression.
Every "Thou shalt not," is contradicted by
its complementary opposite, "Thou shalt."
Mortality is in duality and this law of twoness
20 must be maintained to its end. Hence, the
warning of the Scripture against all people
refraining from marrying or meat eating. In
the Law of progression some are called upon
24 to conserve the natural forces, toward the
manifestation of the spiritual, by which mor-

tality is overthrown. But not all are expected 1
to be converted at the end of mortality, nor
are they expected to be saved. Hence, not
all are expected to have the natural forces 4
subjected to the spiritual.

Vegetarianism has always been active on
the planet, but not until the more advanced
races took it up did it attract much attention. 8
People have attempted to belittle the spread
of nonmeat eating, implying that it related
to inferior races. Yet, feats of skill and
endurance have been performed by vege- 12
tarians. Philosophers, scientists, musicians,
poets, all advancing states of consciousness,
have been characterized by vegetarianism.
Vegetables and fruits are natural diets, but 16
not many of the animal-mankind have yet
attained to the capacity to live wholly upon
them. So long as the elements of animality
characterize the organism, animal products 20
seem desirable. The strenuous living of the
North American people, as well as climatic
conditions, prevent a natural diet from work-
ing out more rapidly. 24

People are deceived about meat as a food.
Because, through its rapid decomposition,
when taken into the system, it produces
a false stimulation, people think it is 28

- 1 strengthening. Yet, the strongest animals are
herbivorous. The elephant and the ox are fair
examples of animal strength, sustained by a
4 vegetable diet. Carnivorous animals indulge
in uncooked meats, and are so constituted,
physiologically, as to eliminate the poisons
quickly. The bowels of carnivorous animals
8 are not convoluted, making for quick and
effective elimination of poisons. No meat-
eating animal can live on cooked meats; they
must eat it raw, and fresh. Meat for humans
12 is put through the curing process, then it is
cooked. When meat is taken into the system
of people it becomes highly toxic in its effect,
loading the blood with poisons.
- 16 Pure blood, an essential to good health
and physical harmony, is best promoted
through the use of vegetables and fruits. All
that is considered food to the system must be
20 converted into a Carbon Hydrate, called
grape-sugar. The protein element that the
body requires must come from this base. It
can not be derived from animal foodstuffs.
- 24 These only pollute the blood stream and
make for inharmonies.

Because the body's essential substance is
of a protein nature, people in lack of under-
28 standing, thought it had to be supplied from

protein foods. This gave rise to meat as a 1
chief diet. Now, in the new physiology that
is based also upon a knowledge of chemistry,
it is discovered that the protein substance of 4
the body conforms only to that obtained from
the natural foods, fruits first, and then
from vegetables. The cow builds her body
from herbs. No one thinks to give the 8
cow milk to produce milk. But feeding man
muscles (of meat) to build muscles is thought
to be good sense. Few people have good sense
when it comes to food, doctors not excepted. 12
Most people like to eat too well to be inter-
ested in the actual composition of the food
eaten, or the effect of the food upon the
physical system. Even if people must vomit 16
the food afterward, the joy of eating it con-
stitutes a sensual pleasure that many do not
care to forego. Yet, just as a cow finds her
natural diet and balance, so man is expected 20
to find his. He will not find it by having his
herbs second-handed, that is, by eating the
cow that has eaten the herbs.

Next in favor with animal-mankind, as flesh 24
food, is the flesh of hogs. Hogs represent the
sensual, carnal nature, and when taken into
the system of people, contribute their elements
to the organism. Since it is the element of 28

1 animal food that is found in the brain of
meat-eaters, and the brain is the seat of the
thought, one can understand why the thought
4 of animal-mankind is principally selfish,
sensual, and murderous in its tendency. There
is a human aspect of thought that arises from
those in whom the spirit dominates the flesh:
8 this is the salvation of animal-mankind and
leads in racial advancement.

Science dreams of the time when man will
partake only of highly concentrated foods.
12 This will be only if the elements of vegetables
and fruits can be concentrated, for the body
has little use for any inorganic elements.
Inorganic elements, such as drugs, iron, lime,
16 become irritants in the system and add
burdens to the physical organism. Science
might dream of a different kind of body, a
new creature, who will absorb much of his
20 nourishment from the ethers and the air; who
will be spiritually sustained and will need
little external attention as to food intake.
This is typified now by the raw fruit and
24 vegetable diet. Food becomes almost a for-
gotten subject, with all the clamorings of
appetite stilled, when on this natural diet.

Animal foods do not build blood at all.
28 They do not give one strength. Man lives,

as well as he does, in spite of his food intake. 1
Because he is gross in nature he does not
feel the effects of the grossness of foods. But
the more refined one becomes, mentally and 4
spiritually, the more sensitive is the body to
the false stimulants introduced from foods.
Hence, the necessity of adjusting the food
intake in keeping with the unfolding con- 8
sciousness.

The cleaner the system from the refuse of
foodstuffs the stronger and more harmonious
one is physically. Strength is a spiritual 12
quality. It is the capacity to endure. When
endurance is necessary on the physical plane,
due to some latent disorder turning over for
elimination, those having the cleanest blood 16
stream and the least poison, weather the
storm best. People, laden with food poisons,
have not the resistance to the diseases that
infest them, and can not endure the trial. 20
Physical strength, however, is not the only
sustaining quality. The spiritual quality of
strength will wage battle against the fleshly
forces and carry one through many trials, 24
whether physical or mental in nature.

It is not for another to say that one should
or should not eat meat. The most anyone
can do about anything is to marshal the facts 28

1 and covenant himself to be obedient to his
understanding. Aside from the pollution that
meat-eating causes the physical system, there
4 is the matter of mercy to be considered.
Butchery of animals is not a constructive
current to be developing in the race. In a
good many states, butchers are not permitted
8 to serve on juries, where people are tried for
murder. It is presumed that their hearts and
minds have undergone such changes, that
they could not render a fair and just
12 decision.

Animal life and flesh are distinct in their
character. While there is only one Life, it
having many forms of expression as flesh,
16 violation of life in any form is not conducive
to purity of thought and love. The eating of
animal flesh in the course of racial progression
has been a necessity. There are many evil
20 necessities in the unfoldment of the animal
nature of man. The eating of "flesh with the
life thereof, which is the blood thereof," is
strictly forbidden in the Plan of Life, as set
24 down in Scripture. Gen. 9:4. But since every
fiat of God is primarily reversed on the plane
of the world, the eating of flesh would
necessarily follow. This is for the purpose
28 of segregating the animal forces and influ-

ences to mankind, the highly evolved animal, 1
with these being dealt with in a Divine Law
at the end of mortality or animality.

The tendency not to eat meat is inherent in 4
most children. While this inherent tendency
cannot assert itself, except through conscious
understanding, all people arrive at some 8
point of their advancement where meat-
eating becomes repulsive to them. This is
not to say that all people become nonmeat
eaters at the same time. But the advanced
consciousness of the race, ascending into love 12
and mercy and understanding, takes stock of
this matter and comes to the conclusion that
“if meat maketh my brother to offend, I eat
no meat forever more.” 16

Some wishing Biblical verification insist
that Jesus partook of fish after his resurrec-
tion; that he also ate with sinners and
gluttons and must have partaken of their 20
viands. If an advanced ego of the cycle is
made to partake of the forces of others in
order that they may be lifted up, this is not
to the discredit of the Master, but to the 24
discredit of the sinners, whose sins the Master
must partake of to destroy. There is a mystical
procedure at the end of the cycle, that is
understandable only to those who function in 28

- 1 it. The turning down of Christ Consciousness
into the tomb of death, this being the con-
sciousness of the race, is essential. In this way
4 Christ Consciousness is made to partake of
the sins of the world, because pure enough
to wipe them out. Introducing the Christ
Spirit into the race is the one way of bringing
8 many into a like capacity of advancement.
One so serving Christ is an exception in the
Law. I Cor. 15:27-28.

- Every one, in his order, comes into purifi-
12 cation and redemption from the forces of
animality. This means, primarily, a purified
state of consciousness. No one can be pure
and partake of the elements of death, resident
16 in meats. It follows, that each ego, accounted
worthy of redemption, shall have put away
the desires of the flesh and made him-herself
ready to partake of the divine nature, accord-
20 ing as the Divine Will has purposed. Finally,
it is the Lord or Laws of man's being that
adjusts the consciousness, spirit, soul, body,
and mind, to the order and harmony that
24 God, the Father-Mother has ordained.

MEDITATION 1

I am established in the consciousness of
purity, love, and mercy.

My desires are consecrated to Truth and 4
controlled in the Spirit of Divine Love.

No sense of animality of consciousness can 8
hold Man in subjection, for he is freed
through Christ.

