

XI

A Last Word to the Intelligent

You have now surveyed—and perhaps mastered—the first grand division of Life Planning. Beginning tomorrow you make the most of your energies. And what then?

Have you improved your lot thereby? A cynic may assure you that you haven't. He may tell you what we remarked in the opening pages, that the great Demon, Technology, has shortened your working hours and reduced the energy you must spend in them so that you have a huge surplus of animal vigor which grows more and more embarrassing. Aren't you in a sorry mess, with all your new leisure? And don't you make it still worse by becoming an artist in the use of your energies?

I would have to agree with the cynic, if I thought that you could find no fresh and pleasant outlets for your energies. But are you so helpless? I hope not. But I must admit that altogether too many people seem to be. Hence this last word of advice.

The next step in Life Planning is to cast about for new activities that will make life more enjoyable and more profitable. Some of these will

be pure play, others pure esthetic enjoyment, others a pleasant pottering, and still others a broadening and deepening of your larger interests. I cannot tell you which way to turn here, for I do not know you. You must be your own guide. You must follow your own strongest inclinations. But I can say one thing to you in parting which may throw a fresh light on the problem. *Analyze and plan your leisure precisely as you analyze and plan a career. Beware of thinking of it as idle time. Beware of appraising it as worthless time.* It may turn out to be worth more to you than all the hours spent on bread and butter.